



THE JESUS APPRENTICESHIP

Session 7: Cultivating a Private Prayer Life

Teaching notes:

What Jesus says about prayer

1. He encourages us to have a private prayer life (Matthew 6:5–6)
We all need to spend time alone with God in prayer.
2. Prayer is not about how good you are with words (Matthew 6:7;
Romans 8:26)
3. The Lord's prayer (Matthew 6:9-13; Luke 11:1-4)
4. We will get what we ask for in prayer (Matthew 21: 18-22; John
16: 24; Matthew 7:7)
5. Watch and pray so that you don't fall into temptation (Matthew
26:40–41)
The flesh and the Spirit are in conflict (Galatians 5:17)
It is beneficial to pray in tongues (I Corinthians 14:4; Jude 1:20)
6. Be persistent (Luke 18: 1-8; Luke 11: 5-8)

The prayer life of Jesus

1. He had a private prayer life: He prayed alone (Matthew 14:23;
Mark 1:35)
2. Jesus was intentional about prayer:

- He sent the multitudes away (Matthew 14:23)
- He went up to the mountain (Mark 6:46)
- He prayed all night (Luke 6:12)

3. He prayed with others (Luke 9:28; Ecclesiastes 4:19; Proverbs 27:17)