



## Session 10:

'How can I cultivate a private worship life?'

*Jane Houston*

### **Group Questions:**

1. What do think worship means? (E.g. Is it more singing?)
2. Why is it important to cultivate a private worship life? What verses in the Bible do you think about when you think about worship and why do you relate well to these?
3. Read Psalm 103:1. How do you think God has gifted/created you to worship Him?
4. What does your daily worship look like? Acknowledge the times when you are worshipping, whether you are aware of it or not?
5. Talk about the times in the day when you forget to worship? This is not a way to condemn yourself for forgetting, but a way to learn something new.
6. Jane gave a definition of cultivating, which included "improving and developing by careful attention, training and study, devoting time and thought". What practical things can you do to cultivate a private worship life?
7. Why not give God some of the things He deserves (e.g. worship, praise, love & respect)?
8. Spend some time praying for each other to be able to cultivate a private worship life.